

# UPPSALA UNIVERSITET



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### AGENDA



Patient portal use in Sweden

Patients online access to records

What's next?



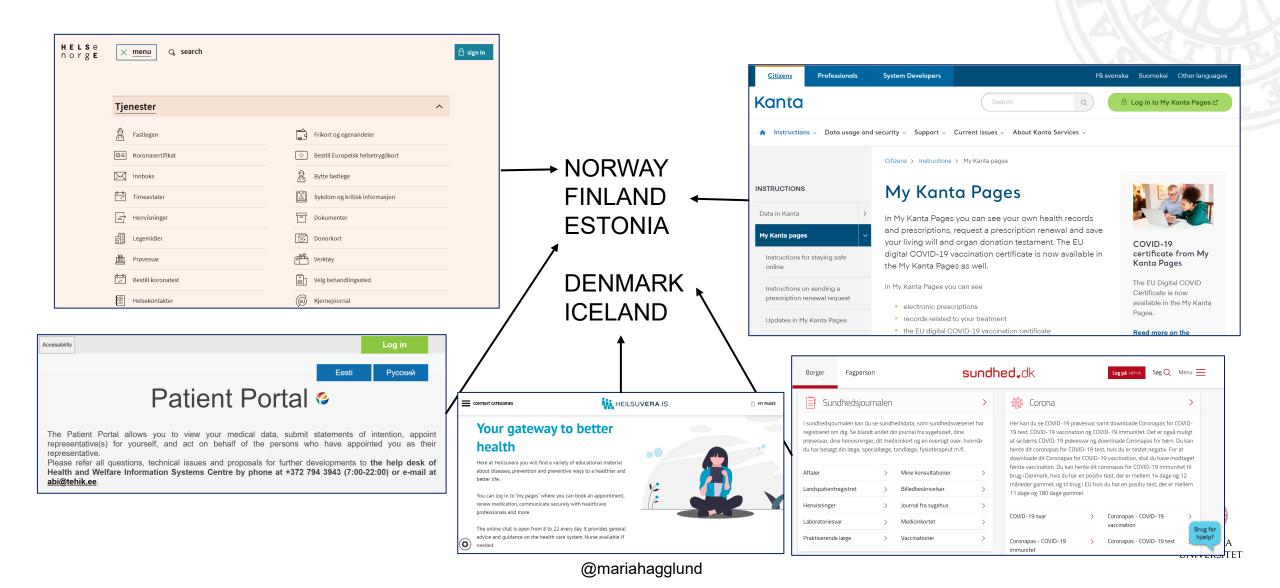
## A few questions to you...



Go to www.menti.com and use the code 85 78 15

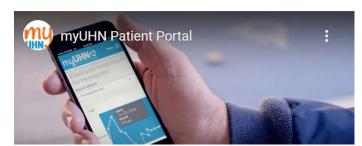


### Nordic countries





Learn about myUHN







### my health record

Ministry of Health and Welfare (PHR)

€ All users

▲ There is no device.

You can share this item with your family. about Family Library.

add to wishlist







https://www.open notes.org/



BMJ 2021; 375 doi: https://doi.org/10.1136/bmj.n2586 (Published 22 October 2021) Cite this as: BMJ 2021;375:n2586

Related content

Metrics Responses

Surajit Nundy, founder

Author affiliations >

Healthcare in India has long been provided in unconnected silos by individual doctors and in small hospitals. Care is typically initiated by patients who seek treatment in the private sector for which they pay providers an "out-ofpocket" fee. 1 Most patients receive either printed or short, hastily handwritten summaries of their care. This serves to tie patients to the provider who knows them, but it means that when they do happen to move and seek another provider there are no reliable means of transferring information.



Better connected care for you and your family.









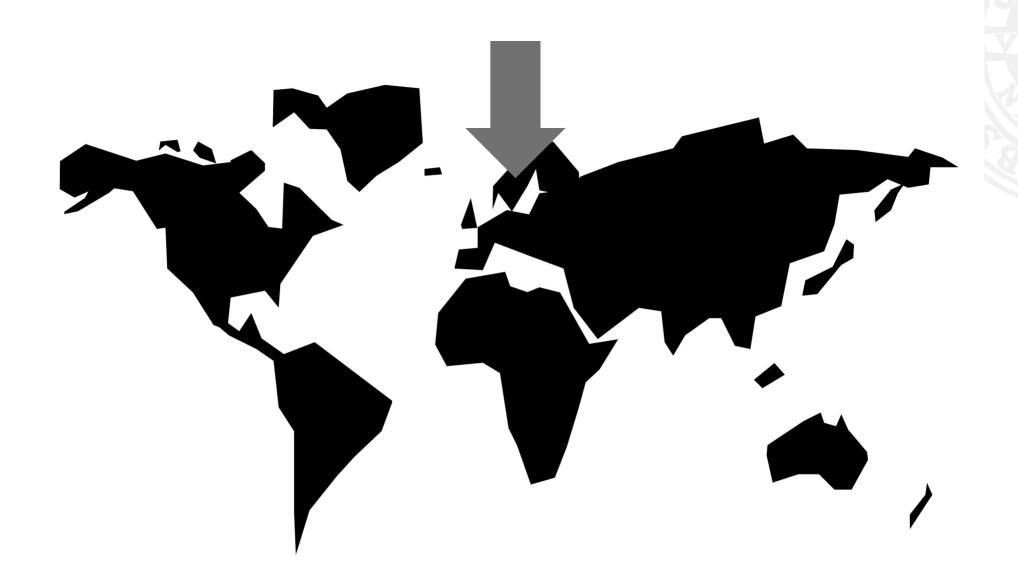




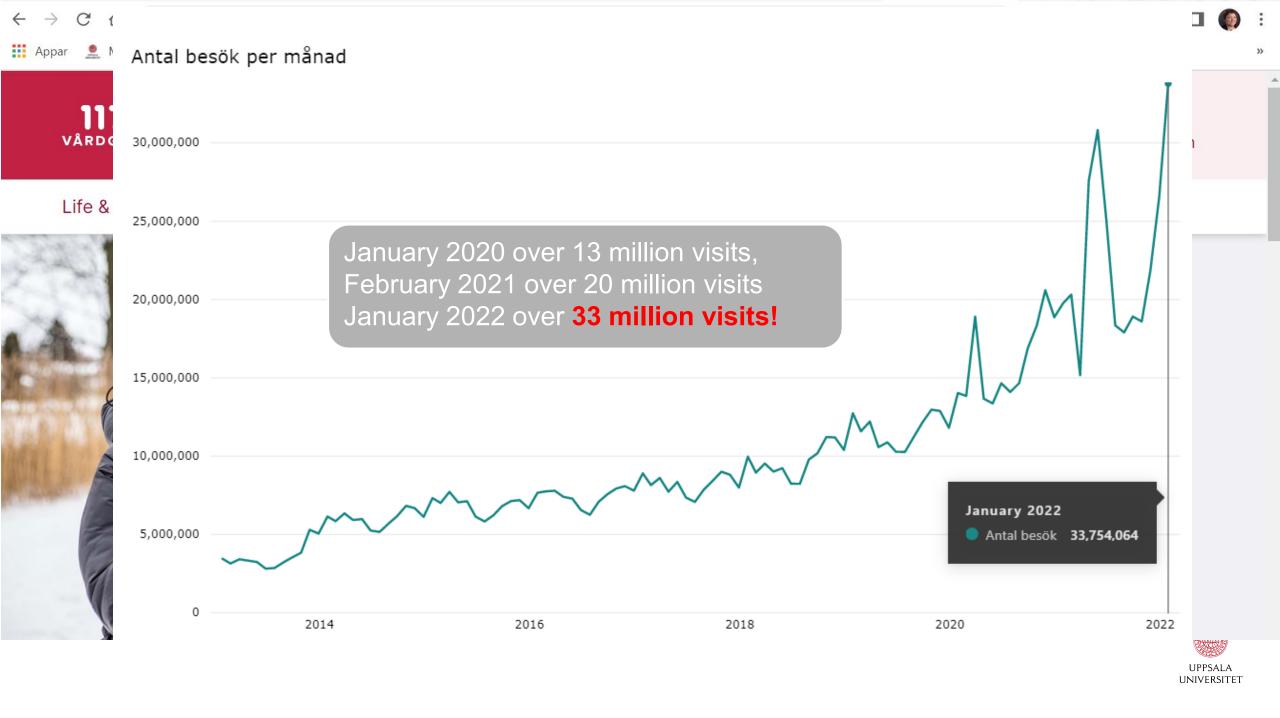


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Start Inkorg Bokade tider Journalen Egen provhantering Stöd och behandling Övriga tjänster

Inkorg i

> Se inkorg

Bokade tider (i)

More than 9,4 million accounts

Jan 2020 1,5 million people logged in (5,7 million log-ins in total during Jan 2020)

April 2021 3,4 million people logged in (18 million log-ins in total)

Jan 2022 **4,3 million** people logged in (**25,7 million** log-ins in total)

Mottagningar (i)

Hitta och lägg till

> <u>Bröstmottagningen vid</u> <u>Samariterhemmet, Uppsala</u>

> Folktandvården Vretgränd

Journalen (i)

> <u>Journalen</u>

Egen provhantering (i)

> Beställ provtagning och se svar

Covidbevis (i)

> <u>Till covidbevis.se</u> ♥

Läkemedelstjänster (i)



### **Journalen**

2014



2020

January 2022 Antal inloggningar, invånare, förstagångsinloggningar per månad Antal invånare som loggat in i Journalen 1,854,385 Antal invånare som loggat in i Journalen
 Antal inloggningar
 Antal förstagångsir Antal inloggningar 8,195,060 Antal förstagångsinloggningar 153,250 8,000,000 6,000,000 In total, more than 6.1 million individuals have logged in 4,000,000 2,000,000

2018

2016



2022

## Physicians' expectations vs patients' experiences



reading before physician

suspected diagnosis

receiving bad news (unprepared, without physician present)

> medical terms





preferred bad news through "Journalen" instead of waiting

partial understanding not seen as problematic

direct access to test results reduces anxiety

want to have a choice how to receive news





## Physicians' expectations vs patients' experiences





Anxiety

increased phone calls

changing way of writing

more questions during visits

demand changes of inaccuracies / errors

Workload

no calls due to lack of understanding

no calls / requests to demand corrections

ask at next visit, friends, look online

don't want to be a burden





## Physicians' expectations vs patients' experiences





**Anxiety** 

Workload

no usefulness due to assumed lack of understanding

no usefulness due to assumed anxiety

Usefulness

prepare for the next visit

memory aid

information in timely manner enhanced shared decision making

increased understanding of their health condition

**UPPSALA** 

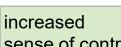
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sense of control



Christiane Grünloh, Hanife Rexhepi @c\_gruenloh

@Hanife\_Rexhepi @DOMEprojekt



# NordForsk's Research and Innovation Programme on Digitalisation of the Public Sector



The overarching aim of the programme is to combine and integrate knowledge-based, digital innovation efforts with research on the related effects and impact on society and end-users.

- 6 projects funded
- 1 focusing on eHealth in the Nordic context













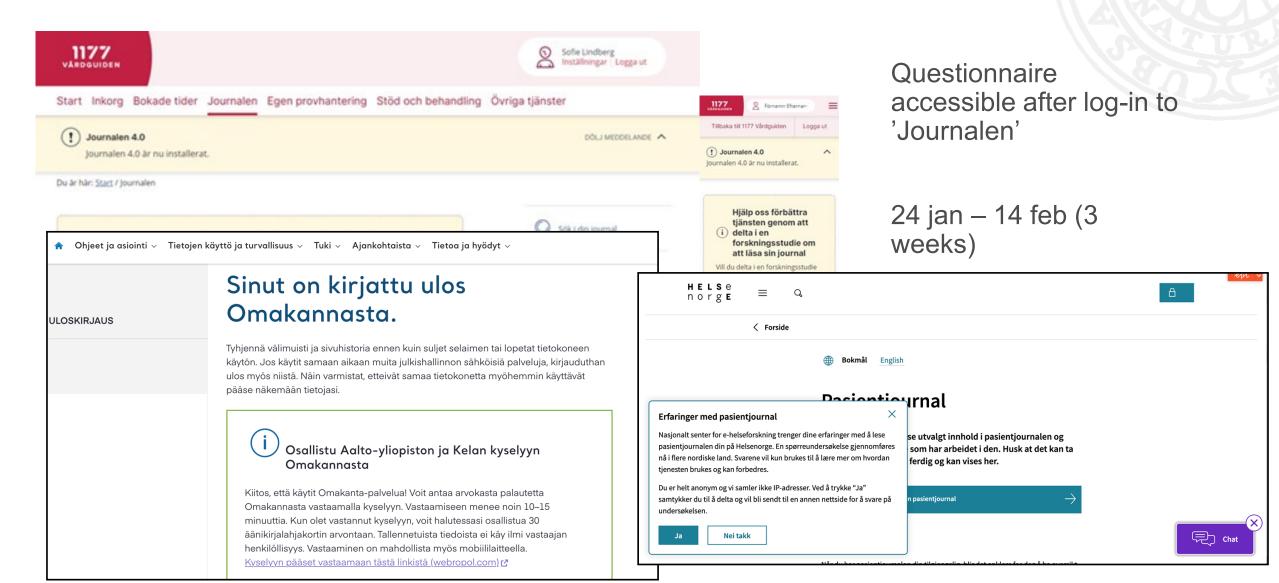




https://nordehealth.eu/



## NORDeHEALTH survey 2022

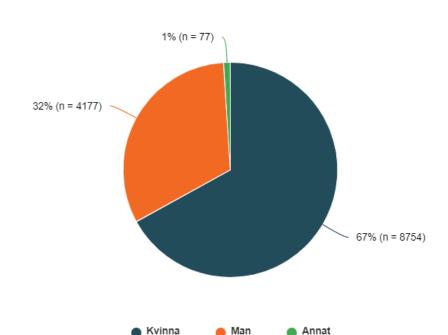


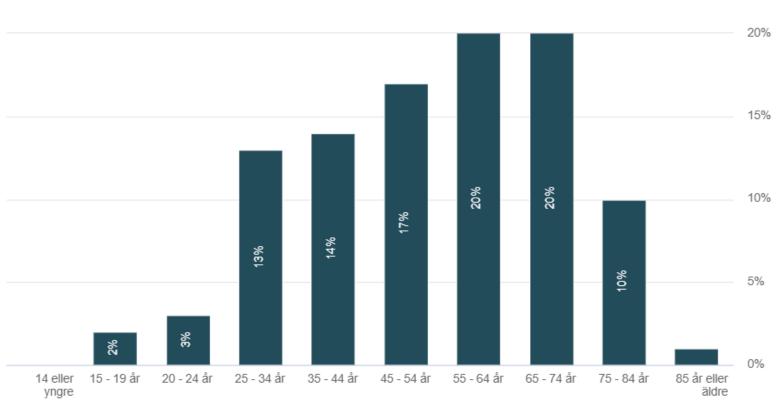
## NORDeHEALTH Swedish survey 2022

#### 13 010 responses

- 2 from 14 year or younger (survey terminated after age question)

  Antal svar: 13010
- 33% had a healthcare education (compared to 40% in 2016)

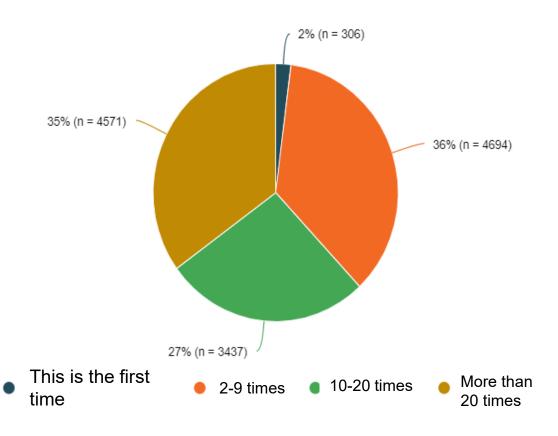




## Frequency of use

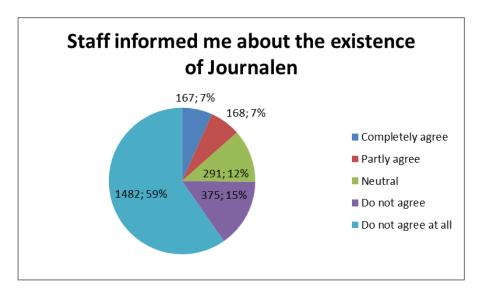
Antal svar: 13008

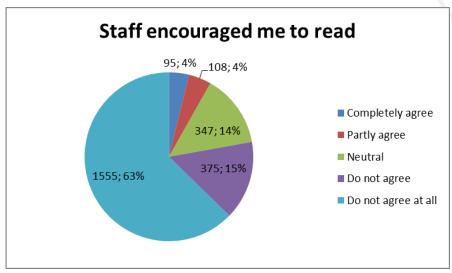
How often have you read your records in the past 12 months?





## Encouraged to read? 2016 vs. 2022

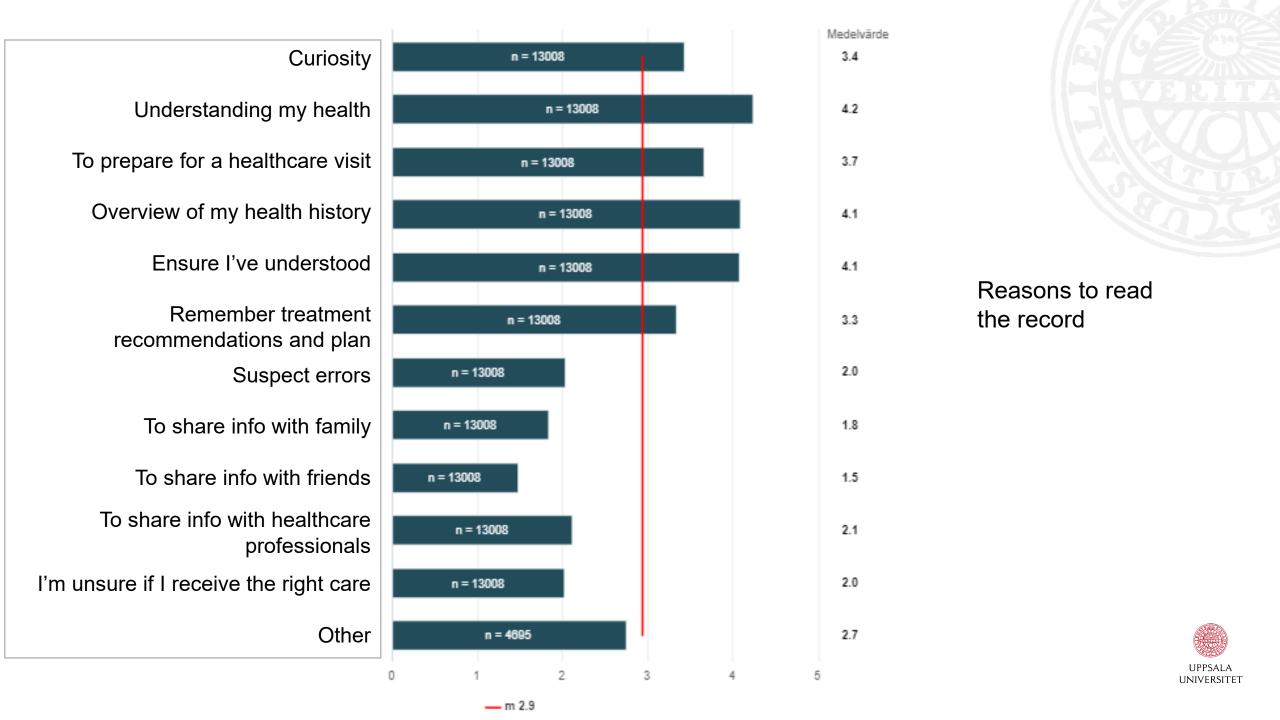


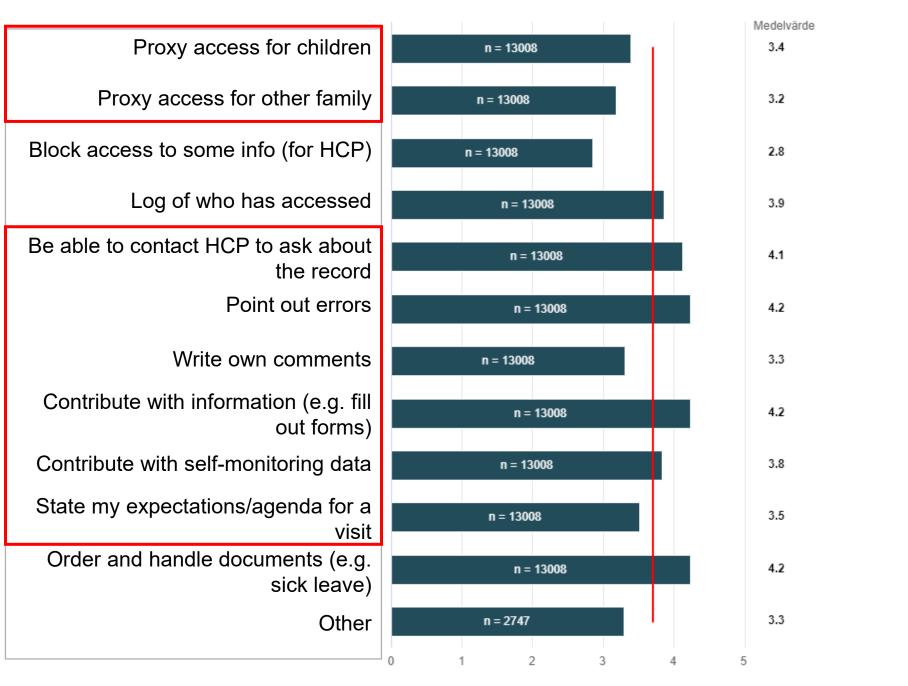


In 2022:

67% was not encouraged or reminded to read their records by anyone 16% was encouraged or reminded to read by a healthcare professional

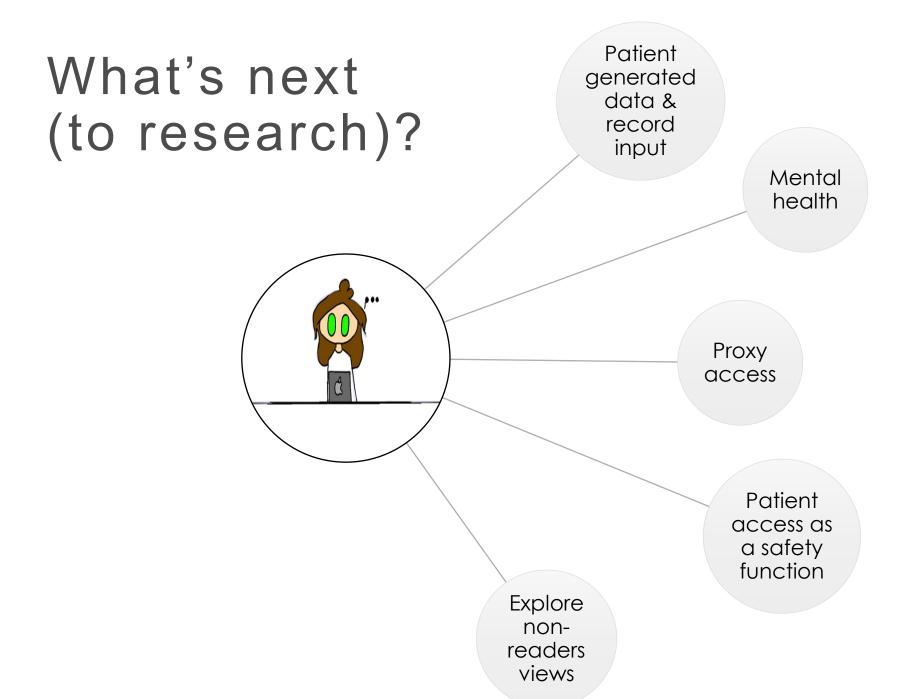






Usefulness of different types of functionality







## A final question!



Go to www.menti.com and use the code 85 78 15



## Thank you for listening!

### Maria Hägglund,

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DOME consortium web site: <a href="https://domeprojekt.wordpress.com">https://domeprojekt.wordpress.com</a> NORDeHEALTH website: <a href="https://nordehealth.eu/">https://nordehealth.eu/</a>



